

# Psalms Principles - Gene Getz

Below are short videos that emphasize the main principles in each of the Psalms. These videos make an excellent supplement to your study of the Psalms.

- Psalm 1; **The Right Choice:** To inherit the gift of eternal life, we must receive the Lord Jesus Christ as personal Savior from sin. [Video](#)
- Psalm 2; **A Message of Warning:** Since the Lord Jesus Christ will someday bring judgment on all who reject His love and forgiveness, we are to balance God's message of hope with His message of retribution. [Video](#)
- Psalm 3; **Confident Living:** We should begin each new day with the utmost confidence in God, believing He will never abandon us. [Video](#)
- Psalm 4; **Praying for Inner Peace:** When we are experiencing anxiety, particularly at the end of a difficult day, we should ask God for inner peace so that we can experience a restful night's sleep. [Video](#)
- Psalm 5; **Our Privilege in Prayer:** Because the Lord Jesus Christ is our great high priest, we are to enter God's presence at any moment in order to share our deepest thoughts and needs. [Video](#)
- Psalm 6; **Deliverance from Depression:** When we face depression of any kind, we should share our deep feelings with God and ask for healing. [Video](#)
- Psalm 7; **Concern for Justice:** When we are falsely accused or abused, we should pray for justice, but our goal should always be to uphold God's righteousness. [Video](#)
- Psalm 8; **The Dignity of Man:** When we're tempted to think more or less of ourselves than we should, we are to think of how great God is and that we are made in His image. [Video](#)
- Psalm 9; **Praising God:** We are to sincerely praise God no matter what the circumstances. [Video](#)
- Psalm 10; **Standing Firm:** Even though unrighteous people arrogantly turn their backs on God and yet seem to prosper, we should not yield to the temptation to follow in their footsteps. [Video](#)
- Psalm 11; **A Strong Foundation:** Even though moral and ethical foundations may be eroding, we should ask God to help us stay true to biblical values. [Video](#)
- Psalm 12; **Avoiding Deception:** In a world of lies and deception, we should consistently evaluate what we read, hear, and see in light of the message in the Holy Scriptures. [Video](#)
- Psalm 13; **Openness and Vulnerability:** When we feel abandoned by God, we should share our feelings, both with God and with other trustworthy Christians. [Video](#)
- Psalm 14; **An Unbelieving Heart:** We must be on guard against claiming to believe in God while acting as if He does not exist. [Video](#)
- Psalm 15; **Imitating Jesus Christ:** To have intimate fellowship with God, we must become more and more like Jesus Christ in the way we live. [Video](#)
- Psalm 16; **Eternal Hope:** We are to be absolutely confident that because of Christ's resurrection from the dead, we too will live eternally. [Video](#)
- Psalm 17; **A Clean Heart:** When we are seeking God's help, we are to examine our hearts to see if we are violating God's will. [Video](#)
- Psalm 18; **Our Unshakeable Foundation:** We must always build our spiritual lives on Jesus Christ, who is a solid foundation that will never fail. [Video](#)
- Psalm 19; **God's Written Revelation:** To help people understand clearly the message of salvation and spiritual growth, we must focus on communicating God's revelation in Scripture. [Video](#)
- Psalm 20; **Praying for Government Leaders:** We should make it a priority to pray very specifically and consistently for our government leaders. [Video](#)
- Psalm 21; **A Prayer of Thanksgiving:** We should always thank God for His blessings, including specific answers to our prayers. [Video](#)
- Psalm 22; **A Call to Worship:** When we are reminded of Christ's suffering on the cross, we should never cease to worship Him from the depths of our hearts. [Video](#)
- Psalm 23; **Our Eternal Shepherd:** When we consider that the Lord Jesus Christ is our shepherd, we should also remember that He is the eternal God who is without beginning and without end. [Video](#)
- Psalm 24; **The God-Man:** When sharing the message of Christianity, we must make it clear that Jesus Christ is much more than a wonderful example and great teacher. [Video](#)
- Psalm 25; **Spiritual Growth:** If we are to grow and mature in our Christian experience, we must have a teachable spirit. [Video](#)
- Psalm 26; **Unwavering Faith:** To stand firm in our faith without wavering, we are to trust in the Lord wholeheartedly and demonstrate integrity in all that we do. [Video](#)
- Psalm 27; **Normal Ambivalence:** When we have a sense of confidence in God mixed with feelings of fear and anxiety, we

should accept these conflicting experiences as part of being followers of Jesus Christ. [Video](#)

- Psalm 29; **Godly Praise:** During the most difficult times in our lives, we should focus on praising God. [Video](#)
- Psalm 30; **Prayer for Physical Healing:** When we are physically sick, we should not hesitate to ask spiritual leaders to pray for our healing. [Video](#)
- Psalm 31; **Psychosomatic Illness:** When we are experiencing physical difficulties caused by emotional stress, we must address the problem at its root cause. [Video](#)
- Psalm Ps 32; **Instructing Others:** When we have sinned against God, we must experience true brokenness and repentance before we are qualified to admonish others. [Video](#)
- Psalm 33; **God's Faithful Love:** We should consistently thank our creator and redeemer for His faithful mercy and love. [Video](#)
- Psalm 34; **God's Unconditional Love:** No matter how foolish we've acted, we must trust God to restore us and never to forsake us. [Video](#)
- Psalm 35; **Responding to Injustice:** When we observe terrible injustices done to innocent people, including ourselves, we are to pray for God's intervention. [Video](#)
- Psalm 36; **Extending God's Grace:** As those who have been saved by God's grace, we are to demonstrate concern for those who are lost and held captive by the power of sin. [Video](#)
- Psalm 37; **An Eternal Perspective:** When we see wicked people flourishing, we are not to become frustrated and angry, realizing that God will ultimately reward us for our faithfulness, if not on this present earth, then in eternity. [Video](#)
- Psalm 38; **Body, Soul, and Spirit:** When we fail to acknowledge our sins, we must be prepared to experience psychological repercussions as well as physical ailments that are caused by intense guilt. [Video](#)
- Psalm 39; **God's Kingdom First:** In the light of eternity, we are to use our time, talent, and treasures wisely to achieve God's eternal purposes. [Video](#)
- Psalm 40; **Victory through Christ:** When we are discouraged and even persecuted, we should patiently trust our Lord to deliver us from difficult circumstances. [Video](#)
- Psalm 41; **Caring for Others:** In view of Jesus Christ's sacrifice for us, we are to demonstrate sensitivity and a caring spirit toward those who are poor and needy. [Video](#)
- Psalm 42-43; **Spiritual Depression:** If we are depressed primarily due to spiritual reasons, we should share our concerns with God and seek comfort from other brothers and sisters in Jesus Christ. [Video](#)
- Psalm 44; **When God Seems Silent:** We must remember that God is always concerned about us, even when He appears to be silent. [Video](#)
- Psalm 45; **The Bride of Christ:** As those who are identified as the bride of Jesus Christ, we should be preparing ourselves spiritually for the glorious wedding supper of the Lamb. [Video](#)
- Psalm 46; **A Mighty Fortress:** When we are engaged in difficult circumstances and struggles, we are to be assured that someday we will dwell safely in a heavenly city that will never be destroyed. [Video](#)
- Psalm 47; **King of Kings:** As followers of Jesus Christ, we are to look forward to the day when He will reign over all nations. [Video](#)
- Psalm 48; **The New Jerusalem:** We are consistently to rejoice and praise God that we have an everlasting inheritance in God's eternal city. [Video](#)
- Psalm 49; **Treasures in Heaven:** We must never allow our sense of security in material possessions to keep us from pursuing our faith in the Lord Jesus Christ in order to inherit eternal salvation. [Video](#)
- Psalm 50; **Authentic Worship:** As believers, we are to offer ourselves to God in a way that reflects sacrificial worship and living. [Video](#)
- Psalm 51; **Authentic Repentance:** When we sin and walk out of God's will, we are to respond to His loving discipline with a repentant and broken heart. [Video](#)
- Psalm 52; **A Wicked Tongue:** We should always use words to help people, not to hurt them. [Video](#)
- Psalm 54; **Praying for Protection and Vindication:** We are to seek God's protection and vindication when we are persecuted and betrayed by godless people. [Video](#)
- Psalm 55; **Betrayal:** When we are betrayed by someone we have trusted implicitly, we are to follow the example of the Lord Jesus Christ, who prayed for His fickle friends and His worst enemies. [Video](#)
- Psalm 56; **Our Eternal Hope:** When we face persecution, we should trust God, being assured that evil people may be able to destroy our bodies but never our souls. [Video](#)
- Psalm 57; **The Power of Encouragement:** We should provide encouragement for one another--especially for those who are lonely and disheartened. [Video](#)
- Psalm 58; **Being Salt and Light:** We are to take a proactive approach in praying for our political leaders so that we might continue to be salt and light in this world. [Video](#)
- Psalm 59; **Praising God in Difficult Circumstances:** When we are despised by those who resent our biblical values, we should not only pray for protection but also for grace to praise God in the midst of these difficult circumstances. [Video](#)

- Psalm 60; **The Armor of God:** When we are experiencing unusual success, we are to be on guard against satanic attacks. [Video](#)
- Psalm 61; **Our Great High Priest:** Since the Lord Jesus Christ is our great high priest, we can approach God at any time for supernatural strength. [Video](#)
- Psalm 63; **God's Faithful Love:** More than any other blessing in our lives, we should constantly seek to know God and His faithful love. [Video](#)
- Psalm 64; **A Two-Dimensional Prayer:** Though we are to pray for protection from evil people, we should also pray that they'll repent of their sins. [Video](#)
- Psalm 65; **Generous Giving:** We are to give material gifts thankfully, joyfully, and consistently to help carry out the Great Commission. [Video](#)
- Psalm 66; **Witnessing through Praise:** We are to be ready to share with others what God has done for us through our Savior, the Lord Jesus Christ. [Video](#)
- Psalm 67; **Lord of All:** We are to share the gospel with all people regardless of their gender, ethnic backgrounds, color, creed, and economic status. [Video](#)
- Psalm 68:1-19; **God's Grace:** As ordinary people, we should rejoice that God has chosen to display His grace in our lives. [Video](#)
- Psalm Ps 68:20-35; **The Day of the Lord:** Knowing that at any moment the day of grace could end and usher in the Day of the Lord, we are to do our part in communicating the message of salvation to those who are unsaved. [Video](#)
- Psalm 69; **Our Great High Priest:** When we face difficulties, we should approach God with confidence, knowing that the Lord Jesus Christ is our mediator and is continually representing us before God. [Video](#)
- Psalm 71; **Caring for the Elderly:** As adult children as well as local church leaders, we are to make sure that elderly people are cared for properly. [Video](#)
- Psalm 72; **Making Christ King:** As members of Christ's church, we are to worship and serve Jesus Christ as our sovereign Lord and King. [Video](#)
- Psalm 73; **Eternal Perspective:** We are to have an eternal perspective on material possessions rather than focusing on the temporary prosperity of the wicked. [Video](#)
- Psalm 74; **God's Eternal Covenant:** No matter what happens in this life, we are to rest in God's promise to bring us safely home to heaven. [Video](#)
- Psalm 75; **A Call to Humility:** When we are tempted to be prideful, we should reflect on God's sovereign grace and mercy in choosing us to be His children. [Video](#)
- Psalm 76; **The Only Way:** We are to believe and teach the gospel message that only those who put their faith in the Lord Jesus Christ will inherit eternal life. [Video](#)
- Psalm 77; **Remembering God:** When we are discouraged and even feel forsaken by God, we should reflect on the Lord's holiness, His power, and His past blessings and provisions. [Video](#)
- Psalm 78:1-8; **Parental Nurture:** As parents, we are to teach our children God's eternal Word, and as pastors, we should make sure our churches support this teaching-learning process. [Video](#)
- Psalm 79:13; **Forgiveness of Sins:** To experience continual forgiveness of sin and intimate fellowship with God, we must acknowledge our sins and then walk in God's will. [Video](#)
- Psalm 80; **Abiding in Christ:** We must live in close fellowship with the Lord Jesus Christ, drawing our strength from Him. [Video](#)
- Psalm 81; **Avoiding Idolatry:** We are to be on guard against engaging in any form of idolatry. [Video](#)
- Psalm 82; **Qualified Leadership:** We are to appoint leaders in the church who are spiritually qualified so that they will be good shepherds who care deeply for the needs of God's people. [Video](#)
- Psalm 83; **Praying for Judgment:** When we pray for God's judgment on the enemies of righteousness, our primary motive should be that these evil people seek the one true God. [Video](#)
- Psalm 84; **God's Sanctuary Today:** We are to be a living and unified sanctuary that reflects the divine unity that exists in the eternal community--Father, Son, and Holy Spirit. [Video](#)
- Psalm 85; **Spiritual Renewal:** As members of our local churches, we should help one another experience continual transformation into the image of Jesus Christ. [Video](#)
- Psalm 86; **Discovering God's Ways:** To discover God's will for our lives, we should read and study God's Word regularly. [Video](#)
- Psalm 87; **The City of God:** We should discover principles from Israel's history that definitely apply to the functioning body of Christ. [Video](#)
- Psalm 88; **Depression and Distortions:** When we become depressed, we should be aware that we may distort reality as we reflect on the past, describe the present, and anticipate the future. [Video](#)
- Psalm 89; **God's Faithfulness:** We should rely on God to keep His promises even though it may appear He is not faithful. [Video](#)

- Psalm 90; **Using Our Time Wisely:** Regardless of our age, we should use each new day God gives us to live in His will. [Video](#)
- Psalm 91; **God's Protection:** When we face life-threatening circumstances, we can be sure that God will deliver us, whether in life or in death. [Video](#)
- Psalm 92; **Praising God Regularly:** To be productive spiritually, we should praise God all the days of our lives for His constant love and faithfulness. [Video](#)
- Psalm 93; **Authentic Worship:** To be able to worship God authentically, we must come to know our Creator personally as our majestic, all powerful, eternal, and holy King. [Video](#)
- Psalm 94; **Walking in the Will of God:** Since God knows our every thought, word, and deed, we should seek to live in God's will every moment of every day. [Video](#)
- Psalm 95; **True Repentance:** Even though we profess to believe in the Lord Jesus Christ, we should make sure we have experienced the new birth through saving faith. [Video](#)
- Psalm 96; **Our Corporate Witness:** Those who have accepted the Messiah as Lord and Savior should continually praise Him before the watching world. [Video](#)
- Psalm 97; **Our Sovereign God:** We are to trust God implicitly, even though we cannot comprehend fully how His absolute authority and control blend with our free will. [Video](#)
- Psalm 99; **Reflecting God's Holiness:** Because God is holy, we are to reflect His holiness in all relationships. [Video](#)
- Psalm 100; **Being Thankful:** We are to thank God consistently for His goodness, His eternal love, and His faithfulness. [Video](#)
- Psalm 101; **Our Adversary the Devil:** When we commit to practicing God's values, we must be on guard against Satanic attacks. [Video](#)
- Psalm 102; **Our Great High Priest:** When we are experiencing human weaknesses of any kind, we should approach God with confidence, knowing that Jesus Christ is our intercessor and He can identify with all of our humanness. [Video](#)
- Psalm 103; **Soul Worship:** To experience quality worship, we must respond to God's blessings in our innermost being. [Video](#)
- Psalm 104; **God of Creation:** When we observe God's powerful and creative hand in nature, we are to praise and glorify Him from our heart and soul. [Video](#)
- Psalm 105:1-6; **Remembering God's Blessings:** To deeply appreciate God's promises and provisions, we should regularly remember all that He has done for us in Christ Jesus. [Video](#)
- Psalm 106; **Living Under Grace:** Though God is faithful, merciful, and forgiving, we should never continue to sin in order to experience more of His grace. [Video](#)
- Psalm 107; **God's Faithful Love:** No matter what our predicaments, we are to remember the Lord's faithful love and cry out to Him for help and encouragement. [Video](#)
- Psalm 108; **Confidence in God:** When we falter in our walk with God, we should draw strength from God's faithfulness to us. [Video](#)
- Psalm 110; **Our Messianic King:** As members of Christ's church, we should continually acknowledge the Lord Jesus Christ as King of kings. [Video](#)
- Psalm 112; **Developing Righteous Character:** To develop godly character, we must first experience the righteousness received by faith, and then sincerely love and worship God and live in His will. [Video](#)
- Psalm 117-118; **Responding to God's Love:** Because of God's faithful love in sending the Lord Jesus Christ to be our Savior, we should love Him with all our hearts. [Video](#)
- Psalm 119:1-8; **True Fulfillment:** To experience true fulfillment, we must continually learn and apply the principles in the inspired Word of God. [Video](#)
- Psalm 119:9-16; **Childhood Nurture:** To fulfill God's ideal plan, we should begin to learn His Word as children so that we will seek to do His will throughout our lives. [Video](#)
- Psalm 119:17-24; **Illumination and Discernment:** To clearly understand the Word of God, we are to rely on the divine Author, the Holy Spirit, to illumine our minds and hearts. [Video](#)
- Psalm 119:25-32; **Human Responsibility:** To live in God's will, we must choose to follow and obey His Word. [Video](#)
- Psalm 119:41-48; **Sharing the Gospel:** To speak the Word of God boldly and yet sensitively to those who are unsaved, we must develop a deep appreciation for God's love for us personally. [Video](#)
- Psalm 119:49-56; **Hope and Comfort:** To experience hope and comfort in the midst of difficult circumstances, we are to focus on God's promises. [Video](#)
- Psalm 119:57-64; **God's Standard:** To have intimate fellowship with God and one another, we must use the teachings of Scripture to evaluate our attitudes and actions. [Video](#)
- Psalm 119:65-88; **God's Faithful Love:** When we walk out of God's will, we should welcome God's discipline that He has designed to restore our relationship with Him. [Video](#)
- Psalm 119:89-96; **God's Eternal Word:** Though everything around us may be changing, we are to put our faith in the Word of God, which will endure forever. [Video](#)

- Psalm 119:97-104; **Loving God's Word:** To grow in wisdom and godliness, we should meditate on Scripture regularly [Video](#)
- Psalm 119:105-112; **Wisdom from Above:** We should consult the Word of God for perspective and guidance in all aspects of our lives. [Video](#)
- Psalm 119:113-120; **Our Awesome God:** When we study the Scriptures, we should be both comforted by God's promises of protection and concerned when we disobey His commands. [Video](#)
- Psalm 119:121-128; **A Biblical Priority:** We are to love God's Word and His will more than any of our earthly possessions. [Video](#)
- Psalm 119:129-136; **Demonstrating Compassion:** We are to show compassion to those who ignore the teachings of the Word of God. [Video](#)
- Psalm 119:137-144; **The Inspired Word:** Because God's Word is true and trustworthy, we should always evaluate all ideas and propositions in the light of Scripture. [Video](#)
- Psalm 119:145-152; **Scripturally Oriented Prayers:** When we face crises in our lives, we should pray earnestly and confidently, using the Word of God as a basis for our prayers. [Video](#)
- Psalm 119:153-168; **Standing Firm:** When we are persecuted by those who reject the values of Scripture, we should use this experience as an opportunity to demonstrate our faith and confidence in the Word of God. [Video](#)
- Psalm; Ps 119:169-176; **Spiritual Food:** When we seem to have lost our way--even as believers--we should follow shepherds who will feed our souls with the eternal Word of God. [Video](#)
- Psalm 120; **Living Transformed Lives:** As we travel on our spiritual journey, we should ask God regularly to deliver us from dishonest and deceitful people and to help us to live honest and upright lives. [Video](#)
- Psalm 121; **Focusing Our Faith:** As we travel on our spiritual journey, we are to keep our eyes on our personal protector, the Lord Jesus Christ. [Video](#)
- Psalm 122; **Praying for Oneness:** As members of Christ's church, we should do all we can to maintain unity among ourselves as we continue our spiritual journey. [Video](#)
- Psalm 124; **God's Strength:** As we continue our spiritual journey, we must look to God to sustain us and to protect us from Satan and his evil cohorts. [Video](#)
- Psalm 125; **Our Eternal Hope:** When we face those who oppose us on our spiritual journey, we should be encouraged because of our eternal position in the Lord Jesus Christ. [Video](#)
- Psalm 126; **Christian Reality:** We must avoid giving the impression that following Jesus Christ is an experience that is free from problems and difficulties. [Video](#)
- Psalm 127; **The Blessing of Children:** Though children are a blessing from the Lord, we must avoid expecting the curses and blessings that God promised Israel under the old covenant. [Video](#)
- Psalm 128; **An Eternal Inheritance:** We should walk in God's ways, being assured that regardless of our circumstances we are secure in Christ, now and eternally. [Video](#)
- Psalm 128; **An Eternal Inheritance:** We should walk in God's ways, being assured that regardless of our circumstances we are secure in Christ, now and eternally. [Video](#)
- Psalm 129; **Our Eternal Salvation:** We must remember that those who hate us and our biblical values may destroy our mortal flesh but never our eternal hope in Christ. [Video](#)
- Psalm 130; **Experiencing Forgiveness:** To experience forgiveness, we must receive God's gift of salvation, which is available to all who sincerely ask. [Video](#)
- Psalm 131; **Sincere Humility:** When we consider who God is and what He has done for us, we should worship and serve Him with the utmost humility. [Video](#)
- Psalm 132:1-9; **A Living Temple:** As God's living temple, we are to have an intense desire to be transformed into the image of the Lord Jesus Christ. [Video](#)
- Psalm 133-134; **The Beauty of Unity:** We should do all we can to dwell together in love and unity so that those who do not know the Savior personally will believe. [Video](#)
- Psalm 135; **Reasons for Worship:** We are to worship God--and God alone--because of who He is and what He has done for us in Jesus Christ. [Video](#)
- Psalm 136; **God's Immeasurable Love:** When we worship God, we are consistently to thank Him for His eternal, faithful love. [Video](#)
- Psalm 137; **God's Amazing Grace:** When we worship God, we should express our deep appreciation to God for setting us free from past sins. [Video](#)
- Psalm 138; **Always Giving Thanks:** When we worship God we should thank Him for His faithful promises. [Video](#)
- Psalm 139; **God's Omniscience:** When we worship God, we should acknowledge that He knows everything about us--past, present, and future. [Video](#)
- Psalm 140-141; **Praying for Protection:** When we worship God, we should sincerely ask Him to protect us from all evil influences. [Video](#)
- Psalm 142; **Praise and Petition:** When we worship God, we should share our deepest feelings--our weaknesses, our fears,



and our loneliness. [Video](#)

- Psalm 143; **A Prayer for Insight:** When we worship God, we should ask the Holy Spirit to open our hearts to the Word of God so we'll clearly understand His will for our lives. [Video](#)
- Psalm 144; **The Incarnation:** When we worship God, we should thank Him for sending the Lord Jesus Christ to be our Savior from sin. [Video](#)
- Psalm 145; **Specific Blessings:** We should worship God every day because of who He is and what He has done for us. [Video](#)
- Psalm 146; **Proper Focus:** When we lead others in worship, we are to help them focus on God rather than on ourselves. [Video](#)
- Psalm 147; **Proclaiming God's Praises:** When we worship, we should fulfill a major purpose for which God has called us--to proclaim His praises. [Video](#)
- Psalm 148; **God Our Creator:** Though we may delight in what God has created, we are to worship only Him. [Video](#)
- Psalm 149; **New Songs:** To worship God in our current culture, we should encourage gifted Christians to compose new songs that first and foremost focus on the Word of God and at the same time, reflect current forms of musical expression. [Video](#)
- Psalm 150; **Freedom in Form:** When we worship God, we should use the freedom God has given us to make our praise meaningful. [Video](#)